

## Sample Coaches Pledge

As a coach in the \_\_\_\_\_ school district, I support all district and MSHSL training rules and their consequences. I demonstrate my support and pledge to:

1. Thoroughly discuss with my team the impact of drinking and other drug use by athletes. I will do this a minimum of once a week.
2. Ensure that my athletes understand their commitment to the MSHSL Bylaws regarding chemicals.
3. Submit pledges signed by students, parents, and myself to the athletic director.
4. Assert my authority when I learn of training rules being broken.
5. Avoid enabling athletes' unhealthy habits by ignoring or refusing to deal with a player who has broken training rules.
6. Provide information and referrals to assist in getting help for a student experiencing difficulty with the use of alcohol, tobacco, drugs, or steroids.
7. Set an example for my team by exhibiting responsible behavior in my own use of alcohol, tobacco, or other drugs.
8. Provide assistance to students who are reentering school or rejoining the team after a violation or treatment.