

Respect in Sports

A monthly newsletter for everyone interested in supporting a positive youth sports experience.



National Alliance for Youth Sports unveils survey results

The National Alliance for Youth Sports (NAYS) recently reached out to more than 2,000 adults for their opinion on several of today's most pertinent issues in youth sports. Parents, coaches, officials and administrators shared their thoughts on many of the positive aspects of youth sports today, as well as the negative ones. The 20-question survey responses were submitted by adults from all across the country who were eager to share their thoughts on the climate of youth sports today. The findings will be released in the upcoming spring issue of SportingKid magazine – the official membership publication of NAYS. Certain troubling statistics were revealed, such as the 29 percent who said they had witnessed a physical altercation involving coaches, parents or officials. However, certain positive statistics popped up as well, including the 72 percent of the respondents who reported that their league performs background checks on its coaches. The following findings are just some of many uncovered by the NAYS national survey. For a complete breakdown of the survey results and findings, [click here](#)

Information re-printed from www.nays.org

USDA offers online Eat Smart, Play Hard Program

This site is specifically designed for parents, caregivers and professionals to assist kids and adults in adopting a healthy lifestyle. You will find a Calorie Burner Chart, recipes, Tracking Progress Chart, menu-planning ideas and much more. Visit www.fns.usda.gov/eatsmarthealthy lifestyle.com.

Diversity and Your Staff

This presentation will focus on how to hire staff from diverse backgrounds and develop their skills to create the leaders of tomorrow. March 4, 2008 from 11:00 AM—1:00 PM for a cost of \$21.00 including lunch. Location is the Brooklyn Park Community Activity Center, 5600—85th Ave N, Brooklyn Park, MN 55443. Contact Kelly Mertes at 612-861-9361.

FACT: The average kindergarten student has spent more time in front of the TV than it takes to earn a bachelor's degree.

Source: US Dept. of Educ.

MDH Guidelines for skin infections in athletes

In October the Minnesota Department of Health released new guidelines to assist coaches, parents and health care providers in treating skin infections in athletes. In addition to the guidelines, MDH has published educational materials on skin infections and how they can be prevented. To view these materials, go to <http://www.health.state.mn.us/han/2007/index.html>

MSHSL TeamUp! Video on Brightcove.tv

Check out the video *TeamUp for Sportsmanship*, produced by the Minnesota State High School League, now playing on www.Brightcove.tv. This video is available at your local high school in its entirety or you can view a few minutes of three TeamUp! videos now at <http://www.brightcove.tv/title.jsp?title=1381421407>

Thank you to our sponsors



I was trying to teach the adults to respect and honor the game. But I realized I wasn't really getting anywhere with them. Maybe this will work with kids better than adults.

Vincent Coleman, 2007 Baseball America's Youth Coach of the Year

Sports Alliance of Minnesota, P. O. Box 27031, Golden Valley, MN 55427
www.sportsalliancemn.org

